

## CHEVIOT WESTWOOD KIWANIS BULLETIN

April 10, 2018

Our Walmart greeters today were Dr. Ronald Dabney and Rev. Michael Huhn.

39 esteemed members joined us today for a meal of pork chops, carrots and assorted desserts. Alan Brodt introduced his daughter Julie, who joined us today for lunch.

**HEALTH-CHEER:** Dave Ulrich is back and feeling much better! Great to see you Dave.

**GLADHANDER:** Dr. Bob Hamilton was the lucky recipient of today's glad hander gift. An all-expenses paid trip for him and a guest to see the Bengals play in the Super Bowl or the Reds in the World Series whichever comes first.

THANK YOU to Reuben Nystrom for all his hard work on the Kiwanis directory. He has passed the torch to Mike Kahsar.

**Tuesday, April 21** at 1pm the Laws committee will be meeting in the board room. Snow or a Reds victory will cancel the meeting.

**PROGRAM:** Dick Powers introduced Pastor Beth Anne Crego, from Westwood United Methodist Church who spoke to us about heart disease in women. Pastor Crego was a cardiac care nurse before she answered Gods call to enter the ministry.

Although the majority of research dollars go to breast cancer, the number one killer of women is heart disease. 64% of women experience no symptoms so they are often misdiagnosed when they go to the ER. The telltale signs of a heart attack for females is jaw pain, arm pain, burning sensation in the center of their chest or upper abdomen. Often times a women will also experience severe back pain as well.

For more information on heart disease please visit "Go Red for Women.org" Thank You for an informative program Pastor Crego.